



# Family Life

## Merit Badge Workbook

This workbook is not required but is designed to help you with this merit badge. No one can add or subtract from the Boy Scout Requirements #33215. Use page backs & add pages as needed. Please send comments to: [craig@craiglincoln.com](mailto:craig@craiglincoln.com). Requirements revised: 2005, Workbook updated: January 2005.

Scout's Name: \_\_\_\_\_ Unit: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_ Counselor's Ph #: \_\_\_\_\_

**1. Prepare an outline on what a family is and discuss this with your merit badge counselor.** \_\_\_\_\_

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**Tell why families are important to individuals** \_\_\_\_\_

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**and to society.** \_\_\_\_\_

**Discuss how the actions of one member can affect other members.** \_\_\_\_\_

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**2. List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor.**

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**3. Prepare a list of your regular home duties or chores (at least five):**

Duty 1) \_\_\_\_\_

Duty 2) \_\_\_\_\_

Duty 3) \_\_\_\_\_

Duty 4) \_\_\_\_\_

Duty 5) \_\_\_\_\_

**and do them for 90 days. Keep a record of how often you do each of them. (Hint: The following form may help you.)**

### Home Duty or Chore List

<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/		
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							

<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/		
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							

<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/		
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							

<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/			<b>Week:</b>	/	/	-	/	/		
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							

<b>Week:</b>	/	/	-	/	/		
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1							
Duty 2							
Duty 3							
Duty 4							
Duty 5							

*Clarifications from National: These 90 days do not have to be in a row but can be from any time while a Boy Scout. Your parent or guardian may want to initial this chart each time duties are completed. Each chore may not need to be completed each day.*

(Hint: A parent or guardian can sign here and add notes about how you did:)

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**4. With the approval of your parents or guardians \_\_\_\_\_  
and your merit badge counselor, \_\_\_\_\_  
decide on and carry out a project that you would do around the home that would benefit your family. \_\_\_\_\_**

**Submit a report to your merit badge counselor outlining how the project benefited your family. \_\_\_\_\_**

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**5. Plan and carry out a project that involves the participation of your family. After completing the project, discuss the following with your merit badge counselor:**

**(a) The objective or goal of the project \_\_\_\_\_**

**(b) How individual members of your family participated \_\_\_\_\_**

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**(c) The results of the project \_\_\_\_\_**

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**6. Do the following:**

**(a) Discuss with your merit badge counselor how to plan and carry out a family meeting. \_\_\_\_\_**

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**(b) After this discussion, plan and carry out a family meeting to include the following subjects:**

**(1) Avoiding substance abuse \_\_\_\_\_**

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**(2) Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex \_\_\_\_\_**

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(3) Personal and family finances \_\_\_\_\_

(4) A crisis situation within your family \_\_\_\_\_

(5) The effect of technology on your family \_\_\_\_\_

Discussion of each of these subjects will very likely carry over to more than one family meeting.

7. Discuss the following with your counselor:

(a) Your understanding of what makes an effective father and why, \_\_\_\_\_

and your thoughts on the father's role in the family \_\_\_\_\_

(b) Your understanding of the responsibilities of a parent \_\_\_\_\_